

AK SOCKS

from Lynette Holzer

Finished foot circumference of sock is approximately 9-1/2 inches. Sock tops are about 6 inches from the floor.

Yarn: Lamb's Pride Worsted, one skein Clematis (purple) and about 50 yards of Heirloom Blue

Needles: #5 and #4 or size to obtain gauge.

Gauge: 21 stitches = 4 inches on size 4 needles.
Row gauge isn't important here.

*SSK = slip one stitch as if to knit, slip one stitch as if to knit, insert left needle into both slipped stitches and in front of right needle and knit.



CAST ON AND RIBBING:

Using long tail method and purple, cast on 96 sts on #5 needles.

Join and *K4, p4**, repeat from * for three rounds.

*K2tog, K2tog, P2tog**, P2tog, repeat from * for one round.

48 stitches remain on 3 needles. Arrange them so that there are 12 stitches on the first needle (the first of these 12 stitches is the one which is next to be knit and will continue to be the first stitch of every round and will eventually be the center of the bottom of the foot), 24 instep stitches on the second needle, and 12 stitches on the third needle. (First and third needles are sole stitches.)

K2, p2 five rounds.

LEG:

K two rounds, weaving in blue behind the last five or six purple stitches.

Work slip stitch pattern as follows until sock top reaches 4 inches:

Rounds 1 and 2: K 3 blue, slip 1

Rounds 3 and 4: K purple

Rounds 5 and 6: K1 blue, *slip one, k3 blue* ending k2 blue

Rounds 7 and 8: K purple

If you prefer a taller sock top, repeat the slip stitch pattern until it is approximately 2 inches less than the desired finished height, ending at the end of the second needle.

HEEL FLAP:

Break purple yarn, leaving a 20" tail. Pick up blue yarn and K across the third and first needles, weaving in the purple tail on the purl side of the work. Turn, slip the first stitch and purl across.

Continue to work heel flap in stockinette stitch for 18 rows, slipping the first stitch of every row on both knit and purl sides, ending with a K row.

TURN HEEL:

Slip one, P to center (12th stitch) P2, P2tog, turn

Slip one, K to center, K2, SSK, turn

Slip one, P to center, P3, P2tog, turn

Slip one, K to center, K3, SSK, turn

Slip one, P to center, P4, P2tog, turn

Continue in this fashion until all stitches have been worked, ending on a K row. You should have 14 stitches remaining on first and third needles (sole).

Break off blue yarn, leaving a 20" tail.

GUSSET:

With purple, change to # 4 needles, pick up 14 sts on each side of heel flap.

K one round even, weaving blue tail behind work.

Begin to work gusset decrease rounds as follows:

Round 1:

K until three stitches remain on first needle, K2 tog, K1.

K across second needle.

K1, SSK, K to end of third needle

Round 2:

K one round even

Repeat these TWO rows until 48 stitches remain.

K in rounds on 48 sts until foot measures 1-1/2 inches from desired finished length.

TOE:

Change to blue and work toe shaping as follows:

Round 1:

K until three stitches remain on first needle, K2 tog, K1.

K1, SSK, K until three stitches remain on second needle, K2 tog, K1

K1, SSK, K to end of third needle.

Round 2:

K one round even.

Repeat these TWO rows until 16 stitches remain, 8 on sole needles and 8 on instep needle. Graft toe stitches using Kitchener stitch. (Consult a good knitting reference book for grafting instructions.)