

Cuff to Cuff Jacket

by Susan H. Esser

Materials: 4 contrasting textures and colors

Approximate yardage used for a size 44-46

Color A - 400 yds - cuffs & stand-up collar

more yds needed for ribbed collar version

Color B - 500 yds

Color C - 120 yds

Color D - 550 yds

Gauge: 3 1/2 sts = 1 inch (Use any weight yarn by doubling or tripling to bring it up to gauge.)

Chest = 46", sleeve = 18", body length = 26"

Needles: Size 8 for cuffs & collar, and size 10 1/2 circular (or size needed to obtain gauge. Circular needle is necessary for the large number of stitches.

NOTES: This fun sweater is begun on the cuff of the LEFT sleeve. Choose either a ribbed 7" long collar, a garter stitch stand-up collar, or a picot edged collar & cuffs. Add or subtract inches (rows can be

added in the front and back panels (also change the width) to make it larger than a 46" chest, or smaller than a 46" chest. In the same way, lengthen or shorten sleeves by adding or subtracting rows.

Choose from 2 different sleeve widths: one sample has 10" wide sleeves, (or 70 sts) and the pattern reads: Cast on 35 sts and work cuff for desired length, then increase 1 stitch in each st = 70 sts. When you reach the shoulders or to begin the body, you 'add-on' 42 sts each side for a total of 154 sts.

For a narrower sleeve: cast on 35 sts and work cuff for desired length, then increase 21 sts evenly spaced for a total of 56 sleeve sts. When you reach the shoulders or to begin the body, you 'add-on' 49 sts each side for a total of 154 sts.

For Picot Edging: Cast on 35 stitches with Color A and St St for 1 1/2 inches - then, k1 *yo, k2tog, repeating from *across row. Continue with st st for another 1 1/2 inch. On the right side of the last row, increase 21 sts evenly spaced. (*k2, M1, k1, M1 repeat from * but end k2, M!, k3) Total is 56 sts.

Always change colors on the right side of the sweater. Weave in ends of a new color as well as the tail of the old by holding them behind your work, as in stranding. This will eliminate hours of work.

CAST ON 35 stitches with Color A, and rib for 3 inches or desired length. On the wrong side of the last row, increase 1 stitch in each stitch = 70 stitches. NOW CHANGE TO LARGER NEEDLES and work 4 rows of garter stitch in the same color. (Garter stitch means knit every row)

1. Right Side (RS) Work 6 rows stockinette stitch (St St) with Color B.
2. RS - Knit 2 rows with Color C
3. Repeat #1
4. Knit 2 rows Color A
5. Knit the first row (always do this when changing colors) with Color B and then do reverse St St for 7 rows. (This is 8 rows in all. Reverse St St means to knit on wrong side (WS) and purl on the right side.
6. Repeat #4
7. Work 16 rows St St with Color D
8. Repeat #4
9. Repeat #5 (this time work only 6 rows in all)
10. Repeat #4
11. Work 8 rows Color D in St St and then: CAST ON 42 STITCHES EACH END OF THE NEEDLE = 154 STITCHES. Now continue working 8 more rows Color D in St St
12. Repeat #4
13. Work 8 rows St St with Color B
14. Work 4 rows garter stitch with Color C as in Row 2
15. Knit 1 row, then work 3 rows in reverse St St with Color B
16. Repeat #4

17. Work 10 rows St St in Color D

18. Repeat #4

19. Work 2 rows of St St in Color B, and then SEPARATE YOUR WORK IN HALF, 77 ON EACH SIDE. USING SEPARATE BALLS OF YARN, CONTINUE WORKING EACH SIDE. THIS IS THE HOLE FOR YOUR HEAD.

Now work 6 more rows of St St with Color B, making 8 rows in all.

20. Repeat #14

21. Repeat #15

22. Repeat #4

23. Work 6 rows with Color D in St St and then: THIS IS THE POINT WHERE YOU CAN ADD AN INCH OR TWO TO THE WIDTH, OR MAKE IT SMALLER BY KNITTING LESS THAN 6 ROWS. THIS IS THE CENTER OF THE BACK, AND THE CENTER OF THE FRONT.

For back only work 6 more rows Color D in St St.

On the front, after completing the 6 rows of St St, work 6 rows garter st with Color A and then bind off all stitches. Avoid a tight edge by changing to a larger needle (for the right hand needle.)

Now cast on with Color A the same amount of stitches (77) and work 3 rows of garter st. Now work the BUTTONHOLES evenly spaced on this garter stitch band. These may be made simply, by YO and knit the next 2 together, or do your favorite buttonhole. Continue with 2 more rows garter st making 6 garter stitch rows in all. Next, work 6 rows St St with Color D.

At this point, GO BACKWARDS IN THESE DIRECTIONS BEGINNING ON ROW 22, joining the back and front where you separated on row 19

After working 8 rows of Row 11, bind off 42 sts loosely at the beginning of the next two rows for the underarms. This should be done loosely, if you are too tight, use a larger needle for this only. What you have left is the 70 stitches for the right sleeve. Continue following the directions backwards until you have completed #1. Then work the 4 rows garter st in Color A, and on the last row decrease to 35 stitches by knitting 2 together across the row. Now rib or garter stitch, to match the other cuff. Bind off in pattern.

NECK: With size 8 needles, pick up 70 sts around neck opening (19 in each front, and 32 across back). For the stand-up collar, garter stitch for 2 to 3 inches. For the fold-down ribbed collar: K1, P1 for 1 1/2 inches and change to size 9 needles and continue ribbing for another inch. Then change again to size 10 needles, then 10 1/2, and then size 11, until the ribbing measures about 7 inches long or desired length. Bind off in ribbing.

SEAM the sides and sleeves, and then work the bottom edge. Pick up 200 stitches for ribbing or 160 sts for garter st edge. (50 in each front and 100 across back, or in garter stitch 40 for each front and 80 across desired width. Bind off, weave in ends, sew on buttons.

CHILD'S JACKET:

Cast on 20 sts for the sleeve cuff, rib for 2 inches. Increase to 35 sts and follow the directions for the ladies' jacket except reduce each direction in half. That is, work $1/2$ the number of rows, and $1/2$ the number of stitches which were called for. (Example: Row #1 says, work 6 rows in St St in Color B. You will work only 3 rows in Color B) So all dimensions will be in half: Chest = 23", sleeve = 9", and overall length 13". You can adjust each dimension by adding either more rows or stitches if you wish.

HATS

Adult: With a size 10 1/2 circular needle and using 2 strands of cuff yarn, cast on 64 stitches (place marker where you join) and rib 2/2 (K2, P2) for 1 1/2 inches. Change to size 15 needle and using 3 or 4 strands of the different color yarns together, knit until 4 inches from ribbing. Then decrease in this manner: knit 10 sts, k2 tog all around until the marker. Continue decreasing the next row by knitting 9 sts, k2 tog and so on until you have reached k 5 sts, k2 tog all around. With a large eyed needle, thread the end of the yarn and place each stitch on this yarn and pull tightly. Secure on wrong side. Dampen and insert a dinner plate inside the hat to stretch it slightly. Let it dry and then add a pom pom.

CHILD'S HAT: Using a strand of the cuff yarn, cast on 48 stitches with size 8 circular needle. Join and rib for 1 inch, then increase to 68 stitches. Change to size 10 1/2 circular needle and using a different color yarn, knit for 2 1/2 to 3 inches. Using a different color, knit 1 row then purl 1 row. (This is a turning row). Now change yarns and decrease and finish the hat as in the Adult Hat. Because of the turning row, this hat should not have to be stretched.

CUFF-TO-CUFF KNIT-ALONG

This jacket is a super **STASHBUSTER!** Choose 4 different colors (even different weight yarns.) Call them A, B, C, and D. Color A will be your cuff yarn and will be used for the neck treatment. So choose color A as one that looks good next to your face. Remember that each yarn might have a different gauge so you'll have to work at them to bring them all to the same gauge; some can be doubled to make 3.5 sts to 1 inch or, in some cases, you just might have to use a larger or smaller needle to reach the correct gauge.

Techniques To Be Learned

Invisible cast-on

Picot edging

Gauge to be worked on Stockinette Stitch

Best buttonhole

How to do the "Add On" cast-on

How to work in your yarn ends as you go, thus eliminating endless hours later

Kitchener stitch

Notes for Cuff-to-Cuff Class

1. Keep good notes. Write down **everything** you do, so the other half of the sweater will match.
2. When a color will be used again in a few rows, do not cut it, but carry it loosely up the side.
3. Be sure to mark the beginning (such as your first sleeve as the LEFT SLEEVE) using safety pins and notes etc.

Before you start...

1. Do gauge swatches of all 4 yarns you will use. Be sure they all come up to the bulky weight **gauge of 3 1/2 stitches to 1 inch**. These swatches will be used to practice the techniques — such things as the buttonhole, picot edging, and the “add on” method of casting on.
2. Choose the neck treatment that will look best on you (or the recipient of the jacket). Do you prefer a ribbed collar, a picot or garter stitch stand-up collar?

3. In picking the color of the cuff and collar yarn (A), choose the one that will look best next to your face.

4. Pick out your buttons, so you know how small or large to make your buttonholes.

Measuring notes

When knitting from side to side, the number of rows to the inch become much more important. But if you use your ruler as you go along, it will help prevent ripping out or frogging, and allow you to wear something that is exactly the dimensions you wish.

First, measure your sleeve length — from the back of your neck to the wrist bone. Write that dimension down. Now write down $\frac{1}{4}$ of your desired finished chest measurement (“finished” means allowing about 4 inches of ease).

My example:

My sleeve length is 29 inches.

$\frac{1}{4}$ of my finished chest measurement is 11 inches (my total chest measurement is 44 inches).

So I subtract 11 from 29 inches and that leaves me with 18 inches for the sleeve length. (This includes your cuff too).

So as you are knitting from the cuff towards your shoulder, you keep using your ruler, and add or subtract rows of stockinette to match your own body. A fail-safe method!!